SÖ NAM DI YI THAM CHE ZIK PA NYI
By this merit may all attain omniscience.

THOP NE NYE PAY DRA NAM PAM JE NE
May it defeat the enemy, wrongdoing.

KYE GA NA CHI BA LAP THRUK PA YI
From the stormy waves of birth, old age, sickness, and death

SI PAY TSHO LE DRO WA DRÔL WAR SHOK
from the ocean of samsara, may I free all beings.